



The Institute of Emerging Psychologies and The Library at Tellico Village Present:

## ***Healing Our Ancestors – Healing Ourselves***

**Thursday, May 21, 2026 1PM – 4PM EDT**

Tellico Village Library, 300 Irene Lane, Loudon, TN 37774



The fears and traumas experienced by our ancestors affect nearly all of us through transgenerational transmission. Ancestral Healing employs ancient cross-cultural methods e.g. art, drama, ritual, dreamwork and shamanic techniques to help us to heal our ancestors and ourselves. Workshop participants will learn how to use these powerful healing tools to remove ancestral obstacles and expand their own quality of life.

***This workshop includes a 90- minute class PRINCIPLES OF TRANSGENERATIONAL TRAUMA AND ANCESTRAL HEALING on ZOOM on Thursday, April 30<sup>th</sup>***

***2:00PM– 3:30PM.***

Author, educator, psychologist and consultant Karel James Bouse, PhD/PhD guides this adventure. She is the author of **Neo-shamanism and Mental Health, Transgenerational Colonialism** and **Finding the Phoenix: Seven Tools for Transformative Self-Discovery.**

**Cost of the workshop (including online class) is \$50.00.**

Register at <https://institute-ep.com>



