## FINDING THE PHOENIX VIDEO #5

### CLOSE ENCOUNTERS AND ANOMALOUS EXPERIENCES

#### Introduction

"The day science begins to study non-physical phenomena it will make more progress in one decade than in all the previous centuries of its existence." (Nicola Tesla)

#### **Consciousness**

What is consciousness?

Exercise: Draw an image depicting what you think consciousness looks like.

Models of Consciousness:

Freud

Jung (Archetypes – Collective Consciousness)

Chaos theory

Consciousness, Mysticism and Religion

#### Altered States

What is an altered state of consciousness?

The consciousness spectrum

Normal waking consciousness

Flow

Hypnotic states

Deep meditation

Shamanic journeys

Mediumship

Psychedelics

**Mysticism** 

What is mysticism?

The Mysticism Questionnaire What is meant by a "peak experience?" Abraham Maslow How does one interact with the numinous? William James Mysticism in Western culture Mysticism in traditional and indigenous cultures Animism Awareness of the sacred Presence of divinity in all things Anomalous Phenomena a/k/a "The Paranormal" The Anomalous Experiences Questionnaire The Magic Questionnaire What are anomalous phenomena? How do we perceive phenomena? Déjà vu Parapsychology Psi phenomena – distance viewing, precognition, ESP Marian Apparitions Hauntings and spectral beings Nature spirits Magical entities Shamanic journeys and anomalous phenomena Aliens

# <u>Summary</u>

Does perception of anomalous phenomena provide proof of the existence of realms of consciousness beyond our normal waking consciousness?

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